





## May 2022 Youth Development Camp Report



### Camp Overview

On May 18<sup>th</sup> & 19<sup>th</sup>, Youth Basketball New Zealand (YBNZ) completed a 2-day immersive basketball camp for students from the Manaiaikalani cluster of schools. A big thank you to Rotary Saint Johns for their support of this. Also, Chris Herlily (Glen Taylor School) for his constant promotion of basketball initiatives in the community.



25 students attended from the following Auckland schools: Glen Innes School, Stonefields Primary, Glenbrae School, Glen Taylor School, Point England and Ruapotaka School.

### Key Areas

- 1. Basketball & Wellness Improvement:** During our camp sessions players were assessed on the basic skills of basketball: shooting, passing, dribbling and decision making. Students were given an opportunity to improve their speed, agility, and other fitness components. These on court components were combined with life skills including injury prevention, body awareness exercises and communication to support wellness areas of their development.
- 2. Growth Of Community Sport Pathways:** By providing this support to the community, we hope to establish more basketball opportunities for the youth to continue their development in basketball and life. By the youth participating in their sport within a club or school team structure they open further opportunities for basketball on the domestic/international stage, including using their sports for career opportunities.

### Camp Target Group

Our target group for this camp was the intermediate aged (Year 7 & 8) youth, in the Central/East Auckland area that are not currently involved in any or much physical activity due to major barriers (such as cost, travel, exclusion, low confidence, etc.) and who would otherwise not be exposed to such activities. These students were also chosen from their school for their interest in the sport, and leadership potential.



The Auckland community which Manaiaikalani supports, has several suburbs and hubs whose residents sometimes miss sporting/life opportunities due to factors out of their control. Some of these include financial pressures and difficulties, misinformation, lack of guidance and awareness of opportunities within their sport. Our programmes overall aim to bridge the gap and provide the necessary support to help the disadvantaged youth.

### **Future Projections:**

In 2023 we would love to see a further expansion of this programme. Below is a brief overview of what could be possible from March 2023...

#### Term 1

- March Youth Development Camp used to introduce goals and outcomes for the basketball season and academic year
- 4 boys & 4 girls selected from each school (or as close to these numbers as possible)
- Students complete a 3-day camp as introduction for Term 2 - 4 basketball seasons + goals and objectives for their sporting and personal development

#### Term 2 & 3

- Students participate in weekly YBNZ 3X3 basketball competitions (games) and weekly group training to continue with philosophy installed from Youth Development Camp
- \*3X3 Basketball is the most accessible urban sport in the world. Game example:  
<https://www.youtube.com/watch?v=VzatPqm-lvk&t=567s>

#### Term 4

- Continuing of weekly basketball training and games, with further inclusion and focus on the following
- High School Basketball & Student Experience Preparation
- What does it take to have a successful secondary school experience on and off the court?

Over the next few months, YBNZ would love the opportunity to discuss this in further detail with the Rotary Club and its members. This will help us to align our programme goals further with the collective goals for 2023.

Thank you again for your amazing support Rotary Saint Johns!

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